



December 2022

Buck County IU#22, School Aged Students, Everitt

Monday	Tuesday	Wednesday	Thursday	Friday	
Daily Breakfast Fruit Options that May be Offered and Milk					
Monday: Peach Cup Tuesday: Apple Slices Wednesday: Strawberry cup Thursday: Apple Slices Friday: Banana					
Daily Vegetable Choices					
Monday: Baby Carrot Tuesday: Baked Beans Wednesday: Grape Tomatoes Thursday: Cucumber Slices Friday: French Fries					#SPILL!
Menu subject to change based on availability					
			1 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Pizza	2 Breakfast Yogurt, Fruit, Milk Lunch Spicy Chicken Sandwich	Daily Lunch Choices: A - See Calendar B - Chicken Nuggets C - Cheeseburger D - Garden Salad Milk Breakfast - 1% plain Lunch - Skim Chocolate
5 Breakfast Assorted Cereal, Fruit, Graham Cracker, Milk Lunch Buffalo Chicken Cheesesteak	6 Breakfast Bagel with Spread, Fruit and Milk Lunch Pizza Burger	7 Breakfast Assorted Cereal, Fruit, Graham Cracker, Milk Lunch Turkey and Cheese Wrap	8 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Pepperoni Pizza	9 Breakfast Yogurt, Fruit, Milk Lunch Chicken Tenders	
12 Breakfast Assorted Cereal, Fruit, Graham Cracker, Milk Lunch Grilled Ham and Cheese	13 Breakfast Bagel with Spread, Fruit and Milk Lunch Chicken and Cheese Quesadilla	14 Breakfast Assorted Cereal, Fruit, Graham Cracker, Milk Lunch Tuna Hoagie	15 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Cheese Pizza	16 Breakfast Yogurt, Fruit, Milk Lunch Buffalo Chicken Mac & Cheese	
19 Breakfast Assorted Cereal, Fruit, Graham Cracker, Milk Lunch Street Tacos	20 Breakfast Bagel with Spread, Fruit and Milk Lunch Chili	21 Breakfast Assorted Cereal, Fruit, Graham Cracker, Milk Lunch Chili Dog	22 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Pepp Pizza	23 Breakfast Yogurt, Fruit, Milk Lunch Cheese Hoagie/Ham & Cheese Sunbutter & Jelly	
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCNOOL	NO SCHOOL	



Menu Subject to Change

All bread components are WG Rich

This institution is an equal opportunity provider.

